

QUESTIONS TO ASK ABOUT YOUR SLEEP APNEA

If you have completed a sleep study and were told you have sleep apnea, you likely have a lot of questions but may be unsure how to get answers.

Your sleep apnea care team is the best source of information about your options and treatment. Here are some sample questions you might ask to better understand your sleep apnea and your options at each stage in your sleep apnea journey.

